
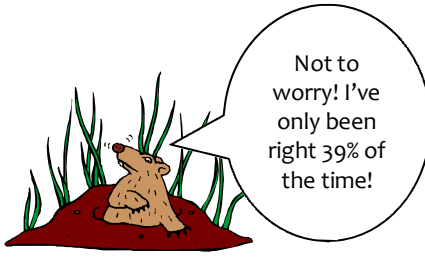


Weekly Activities

Special Activities and Events

<p>Monday, January 30</p> <p>Happy Birthday to Naomi Patterson, Tootie Salsbury and Mid Smith</p>	<p>8:30 am Low Impact Aerobics—KAC 9:00 am Coffee Corner—BE Parlor 9:30 am General Conditioning—KAC 10:00 am Coffee Corner—CSP 10:00 am Workshop & Quilting—PH 10:15 am General Conditioning—BE 11:00 am Thera-band—BE 1:00 pm Blood Pressure Clinic—WWC 1:30 pm Craft Painting—BE 2:00 pm Pool Time—KAC 6:00 pm Canasta—ML</p>	<p>8:00 am Podiatry Clinic—Monarch</p>
<p>Tuesday, January 31</p>	<p>8:30 am Low Impact Aerobics—KAC 9:00 am Coffee Corner—BE Parlor 9:30 am General Conditioning—KAC 9:30 am Oil Painting Class—BE 10:00 am Coffee Corner—CSP 10:15 am Balance & Breathing—WWC 10:45 am Weight Training—WWC 11:30 am Tai Chi—KAC 1:00 pm Blood Pressure Clinic—BE 1:30 pm Oil Painting Class—PH</p>	<p>9:30 am Red Carpet—ML 1:15 pm Red Carpet—BE Parlor 2:00 pm Kansas Humanities Book Talk—BE CR</p>
<p>Wednesday, February 1</p> <p>Happy Birthday to Art Avery</p> <div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Health & Wellness Fair 9:00 am—1:00 pm KAC Get ideas and information to improve your health and wellness!</p>  </div>	<p>8:30 am Low Impact Aerobics—KAC 9:00 am Coffee Corner—BE Parlor 9:30 am General Conditioning—KAC 10:00 am Coffee Corner—CSP 10:00 am Workshop & Quilting—PH 10:00 am Blood Pressure Clinic—WWC 10:15 am General Conditioning—BE WC 11:00 am Thera-band—BE WC 1:30 pm Watercolor Class—BE 1:00 pm Tai Chi—KAC</p>	<p>9:00 am Health & Wellness Fair—KAC 10:00 am New Dinner Theatre—Lobbies 10:00 am Loss of Independence Support Group—BHC 2:00 pm "God's Story, Your Story" Bible Study—Chapel 3:30 pm "God's Story, Your Story" Bible Study—BE CR 7:00 pm BINGO—KAC</p>
<p>Thursday, February 2</p>  <p>Groundhog Day</p>	<p>8:30 am Low Impact Aerobics—KAC 8:30 am 1st Cong. Service—BPTV 14 9:00 am Coffee Corner—BE Parlor 9:30 am General Conditioning—KAC 10:00 am Men's Forum—BE CR 10:00 am Craft Painting—BE 10:00 am Coffee Corner—CSP 10:15 am Balance & Breathing—WWC 10:45 am Weight Training—WWC 1:30 pm Wood Carving—PH 2:00 pm Pool Time—KAC</p>	<p>10:00 am Men's Forum: Kansas Death Penalty Law—BE CR (all are welcome) 2:00 pm At the Movies—BPTV 14 "I Don't Know How She Does It" (2011 comedy) 2:30 pm Knitting—CSP 3:00 pm Transitions Group—Chapel 6:15 pm Luther College Nordic Choir—Lobbies</p>
<p>Friday, February 3</p> <p>Happy Birthday to Dorthy Bennett and Roberta Reeves</p>	<p>9:00 am Coffee Corner—BE Parlor 9:30 am General Conditioning—KAC 10:00 am Coffee Corner—CSP 10:00 am Workshop & Quilting—PH 10:15 am General Conditioning—BE 11:00 am Thera-band—BE</p>	<p>8:45 am Shepherd's Center—Lobbies 9:00 am Shopping at Dillons—Lobbies 2:00 pm Alaskan Cruise: Learn More—BE CR 2:00 pm Brewster Singers Practice—KAC 4:30 pm Social—BE CR 5:45 pm First Fridays Artwalk—Lobbies</p>
<p>Saturday, February 4</p>	<p>10:00 am Coffee Corner—BE Parlor 10:00 am Coffee Corner—CSP 1:00 pm Blood Pressure Clinic—WWC 1:30 pm Dominos—MDR</p>	
<p>Sunday, February 5</p> <p>Happy Anniversary to Gilbert and Audrey Singleton</p>		<p>4:00 pm Vespers—Chapel</p>

Abbreviations Key for Locations on Campus:

- ML—Main Lounge
- MDR—Main Dining Room
- FR—Founders Room (Main Building adjacent to lounge)
- KAC—Klinge Activity Center (Main Building lower level)
- TRAG—Main Building lower level hallway
- WWC—Winchell Wellness Center (Assisted Living lower level)
- CSP—Chandler Sun Porch (sun room off the Main Dining Room)
- Monarch—Assisted Living first floor living room

- PH—Penthouse (6th floor of Main Building)
- BE—Brewster East
- BE Parlor—Brewster East Parlor (enter west side of Brewster East)
- BE CR—Brewster East Community Room
- BE WC—Brewster East Wellness Center
- BHC FLR—Brewster Health Center Fink Living Room
- Chapel—Assisted Living lower level
- Lobbies—meet in the lobby of Main Building or west side of Brewster East to be picked up by the Brewster bus.